

Discipleship in Practice

Living Like Christ Every Day.

Key Scripture

"Whoever claims to live in Him must live as Jesus Christ did." 1 John 2:6

Introduction

Discipleship is more than attending church or knowing Bible verses, it is a lifelong journey of becoming more like Jesus Christ. A disciple is someone who follows Christ, learns from Him, obeys His teachings, and helps others do the same.

At **Disciple Nations**, we believe discipleship is practical. It is lived out daily through our words, actions, relationships, decisions, and commitment to God's Kingdom. True disciples don't simply hear God's Word; they put it into practice.

This guide will help you develop Christ-like character, strengthen your faith, and live as an effective disciple wherever God has placed you.

GO AND MAKE DISCIPLES

Lesson 1: What Is a Disciple?

Key Scriptures

- Luke 9:23
- John 8:31–32
- Matthew 4:19
- Acts 11:26

What Does It Mean to Be a Disciple?

A disciple is someone who:

- Follows Jesus wholeheartedly.
- Learns from God's Word.
- Obeys Christ's commands.

- Reflects Christ's character.
- Serves others with humility.
- Shares the Gospel.
- Makes other disciples.

Discipleship is not about perfection, it is about continual transformation.

Reflection Questions

- Why did you decide to follow Christ?
- What areas of your life still need to be surrendered to Him?

Lesson 2: Developing a Daily Walk with God

Key Scriptures

- Joshua 1:8
- Psalm 119:105
- Matthew 6:6
- James 4:8



A growing disciple spends regular time with God.

Daily Spiritual Habits



- Read the Bible daily.
- Pray consistently.
- Worship God sincerely.
- Listen to the Holy Spirit.
- Meditate on Scripture.
- Keep a journal of God's faithfulness.

Spiritual growth happens through consistency, not occasional moments.

Practical Challenge

Set aside at least **20–30 minutes each day** to spend alone with God.

Lesson 3: Living a Christ-Centred Life

Key Scriptures

- Galatians 2:20
- Romans 12:1–2
- Colossians 3:12–17

Being a disciple means allowing Jesus to shape every area of life.

Ask yourself:

- Does my attitude reflect Christ?
- Do my words build others up?
- Are my decisions honouring God?
- Is my lifestyle pointing others to Jesus?

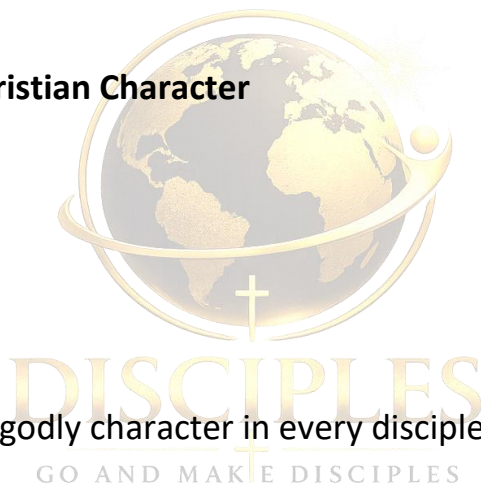
People often see Christ through our actions before they hear Him through our words.

Lesson 4: Growing in Christian Character

Key Scriptures

- Galatians 5:22–23
- Ephesians 4:1–3
- Philippians 2:3–5

The Holy Spirit develops godly character in every disciple.



The Fruit of the Spirit

- Love
- Joy
- Peace
- Patience
- Kindness
- Goodness
- Faithfulness
- Gentleness
- Self-control

True spiritual maturity is measured more by character than by knowledge.

Reflection

Which fruit of the Spirit do you need God to develop more in your life?

Lesson 5: Loving and Serving Others

Key Scriptures

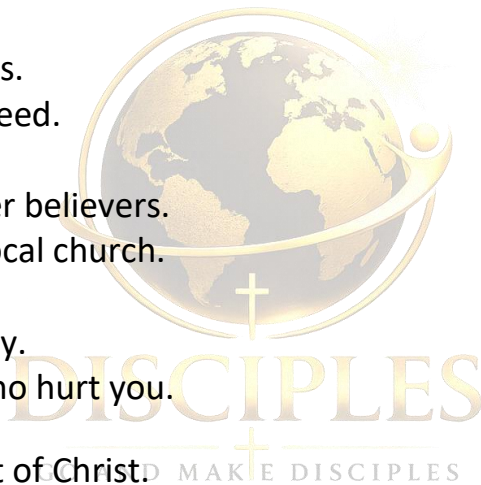
- John 13:34–35
- Mark 10:45
- Philippians 2:3–4

Jesus came to serve.

His disciples are called to do the same.

Practical ways to serve include:

- Encouraging others.
- Helping those in need.
- Visiting the sick.
- Mentoring younger believers.
- Supporting your local church.
- Giving generously.
- Showing hospitality.
- Forgiving those who hurt you.



Service reflects the heart of Christ.

Lesson 6: Sharing Your Faith Naturally

Key Scriptures

- Matthew 5:14–16
- 1 Peter 3:15
- Romans 1:16

Every disciple is called to share the Gospel.

Simple ways to evangelise:

- Share your testimony.
- Pray with someone.

- Invite a friend to church.
- Give away a Bible.
- Share encouraging Scriptures.
- Use social media to spread God's Word.
- Live a life that sparks curiosity about Christ.

Remember, people are often drawn to Jesus by the way His followers live.

Lesson 7: Building Strong Christian Relationships

Key Scriptures

- Hebrews 10:24–25
- Ecclesiastes 4:9–12
- Proverbs 27:17

Discipleship thrives in community.

Healthy relationships help us:

- Stay accountable.
- Grow spiritually.
- Encourage one another.
- Pray together.
- Learn together.
- Serve together.



No disciple is meant to walk alone.

Lesson 8: Becoming a Disciple Who Makes Disciples

Key Scriptures

- Matthew 28:19–20
- 2 Timothy 2:2

Healthy disciples reproduce.

Once you have grown in Christ, you are called to help others grow.

You can disciple others by:

- Teaching God's Word.
- Meeting regularly for Bible study.
- Praying together.
- Offering encouragement and accountability.
- Leading by example.
- Helping new believers grow in their faith.

Discipleship is multiplication, not just addition.

Living as a Disciple Every Day

Being a disciple is not something we do only on Sundays, it is a way of life.

Wherever God has placed you, at home, at work, in school, in business, or in your community, you are called to represent Christ with integrity, compassion, humility, and love.

Every conversation, every decision, and every act of kindness is an opportunity to reflect Jesus and point others toward Him.

Weekly Practice

Intentionally put your faith into action.

- Spend time with God every day.
- Memorise one Bible verse.
- Encourage someone with Scripture.
- Perform an act of kindness without expecting anything in return.
- Share your testimony with one person.
- Pray for someone who is struggling.
- Invite someone to study the Bible with you.

At the end of the week, reflect on how God worked through your obedience.

Discussion Questions

1. What does being a disciple mean to you?
2. Which spiritual habit do you need to strengthen?
3. How can you better reflect Christ in your daily life?
4. Which fruit of the Spirit do you need to develop most?
5. Who has discipled you, and who can you begin discipling?

6. What practical steps can you take this week to live out your faith?

Memory Verse

"Whoever claims to live in Him must live as Jesus did." 1 John 2:6

Let us Prayer

Heavenly Father, thank You for calling me to be Your disciple. Shape my heart to become more like Jesus Christ every day. Teach me to love as He loved, serve as He served, and obey Your Word faithfully. Fill me with Your Holy Spirit, strengthen my faith, and help me to be a light in my home, workplace, community, and beyond. May my life point others to Christ, and may I faithfully make disciples who will also make disciples. In Jesus' name, Amen.

Be a Disciple. Make Disciples. Transform Nations.

